

Primitive Camping Health & Release Form**THIS SECTION TO BE FILLED OUT BY PARENT(S)**

Camper Name: _____

Birthdate ____/____/____ Age ____ Gender ____

Birthplace _____

Religion _____

Parent/Guardian _____

Address _____

City/State/Zip _____

Home Phone _____

Cell Phone (Mother) _____

Cell Phone (Father) _____

Attach a copy of the front of your insurance card here.**DO NOT STAPLE. TAPE or GLUE or provide on separate sheet**

If you do not have insurance, note the following and sign:

☐☐☐

Credit Card type Visa MasterCard _____

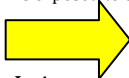
Credit Card Number: _____

Expiration: _____

Signature: _____

Emergency Contact**Name:** _____**Relationship:** _____**Address:** _____**City/State/Zip:** _____**Home Phone:** _____**Cell Phone:** _____**Attach a copy of the back of your insurance card here.****DO NOT STAPLE. TAPE or GLUE or provide on separate sheet**

This health history below and on the following 2 pages is correct to the best of my knowledge, and the camper herein described has permission to engage in all prescribed camp activities, except as restricted by my or the examining physician's notation on this form, with the understanding that the camper is engaged in primitive camping. Understanding that every reasonable effort will be made to reach me, I hereby give permission to the camp administrator or his/her designee to secure treatment for the camper that is deemed needed or appropriate, at a medical facility of his/her choosing, and the physician so chosen to provide such care, to include, if deemed necessary, hospitalization, injection(s), administration of anesthesia, or surgery. Responsibility for payment of any such services remains my own, regardless of insurance status. I agree to notify camp authorities if the camper is exposed to communicable diseases in the 3 weeks prior to the beginning of camp and to any significant changes in health status prior to camp onset.

**Signature of Parent/Guardian** _____ **Date** _____

I give permission to administer over-the-counter medications to my child if needed; these may include: acetaminophen, ibuprofen, hydrocortisone topical, triple antibiotic cream/topical.

**Signature of Parent/Guardian** _____ **Date** _____**THIS SECTION TO BE FILLED OUT BY EXAMINING PHYSICIAN****Allergies to Foods**

Food	Type of Reaction (ex: life threatening anaphylaxis, hives, vomiting, etc)

Allergies to Medications

Medication	Type of Reaction

PLEASE PRINT SINGLE-SIDED; DO NOT STAPLE PAGES

Табір: ☐ пташата ☐ новак ☐ новачка ☐ юнак ☐ юначка**Other Allergies and Intolerances**
☐ bee sting ☐ poison ivy/oak/sumac ☐ hay fever ☐ latex ☐ Other _____
Table of Medications to Take at Camp (list prescription and over-the counter medications)

Drug Name	Reason for Taking	Form (tablets, inhaler, etc.)	Dose	Frequency	Can Camper Self Administer

Please list or describe any Medical Conditions (including behavioral/psychological):

Restrictions and Limitations

Describe any and all other potential restrictions on activities, keeping in mind that 11-18 year olds especially will be in primitive facilities ¾ mi. from main buildings and have a planned 3-day hike away from ready medical access. Comment on the child's independence and ability in: 1) abiding by dietary restrictions; performing ADLs independently including hygiene; calorie counting, monitoring serum glucose, calculating and administering own insulin injection; developmental/behavioral/psychiatric issues; enuresis; ability to participate in sports, swimming, backpacking at age-appropriate level.

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Ta6ip: ☐ пташата ☐ новак ☐ новачка ☐ юнак ☐ юначка**Immunizations**

Please attach vaccine record or record of dates of vaccines given below:

Tetanus(DTaP/DtaP/Td/TDaP): _____ MMR: _____ Pneumococcal (PCV/Prevnar):: _____
 Hib: _____ Hepatitis B: _____ Varicella (Chicken Pox): _____
 Polio: _____ Hepatitis A: _____ Other (typhoid , etc): _____
 Meningococcal: _____

Date of Last Tetanus Vaccine:

Past Medical History

List ongoing or recurrent medical conditions for which the camper is receiving medical care, prior surgeries, major infectious diseases, etc..

- ☐ tuberculosis ☐ rheumatic fever ☐ chicken pox ☐ measles ☐ German measles ☐ mumps
☐ kidney disease ☐ heart disease ☐ hypertension ☐ diabetes ☐ freq. otitis media ☐ asthma
☐ fainting spells ☐ seizures ☐ bleeding/clotting disorder ☐ mononucleosis ☐ abnl. menses
☐ noct-enuresis ☐ somnambulism ☐ behavioral issues (explain below)

Physical Examination

Height _____ Weight _____ kg. lb. Does camper wear glasses or contacts? _____
 B.P. _____ Pulse _____

	NL	Abnl. / Comments
Skin	<input type="checkbox"/>	_____
Head	<input type="checkbox"/>	_____
Eyes	<input type="checkbox"/>	_____
Ears	<input type="checkbox"/>	_____
Nose	<input type="checkbox"/>	_____
Throat	<input type="checkbox"/>	_____
Lungs	<input type="checkbox"/>	_____
Heart	<input type="checkbox"/>	_____
Abdomen/GI	<input type="checkbox"/>	_____
Extremities	<input type="checkbox"/>	_____
Genitourinary	<input type="checkbox"/>	_____
Musculoskeletal	<input type="checkbox"/>	_____
Neurologic	<input type="checkbox"/>	_____

Comments, Other Positives, or Significant Negatives**Family Physician**

Name, Degree _____

Address _____

City/State/Zip _____

Phone _____

Examining Physician

Name, Degree _____

Address _____

City/State/Zip _____

Phone _____

Physician Signature

License# _____

State _____

Date Examined _____

Signature _____