

# Health History and Examination Form for Children, Youth and Adults Attending Plast Camps

Information on this form is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care.  
(This side to be filled by parents/guardian of minors or by adult campers/staff members themselves.)

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_  
*Last First Initial*

Parent or Guardian (or Spouse) \_\_\_\_\_

Home Address \_\_\_\_\_ Phone \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

Business \_\_\_\_\_ Phone \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

Second Parent or Guardian or Emergency Contact \_\_\_\_\_

Home Address \_\_\_\_\_ Phone \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

Business \_\_\_\_\_ Phone \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

It not available in an emergency, notify

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

<p><b>Health History</b> (Check: Give approximate dates.)</p> <p>_____ Frequent Ear Infections</p> <p>_____ Heart Defect/Disease</p> <p>_____ Convulsions</p> <p>_____ Diabetes</p> <p>_____ Bleeding/Clotting Disorders</p> <p>_____ Hypertension</p> <p>_____ Mononucleosis</p> <p><b>Diseases</b></p> <p>_____ Chicken Pox</p> <p>_____ Measles</p> <p>_____ German Measles</p> <p>_____ Mumps</p> <p><b>Allergies (Dates not needed)</b></p> <p>_____ Hay Fever</p> <p>_____ Ivy Poisoning. etc.</p> <p>_____ Insect Stings</p> <p>_____ Penicillin</p> <p>_____ Other Drugs</p> <p>_____ Asthma</p> <p>_____ Other (Specify)</p> <p>_____</p> <p>_____</p> <p>_____</p>
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Operations or serious injuries (dates) \_\_\_\_\_

Chronic or recurring illness or medical condition \_\_\_\_\_

Dietary restrictions \_\_\_\_\_

Current medications (send with instructions) \_\_\_\_\_

Other diseases \_\_\_\_\_

Name of dentist/orthodontist \_\_\_\_\_ Phone \_\_\_\_\_

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

Do you carry family medical/hospital insurance?  Yes  No

If so, indicate: Carrier \_\_\_\_\_ Policy or Group # \_\_\_\_\_

Carrier Address \_\_\_\_\_

Suggestions on health related information for camp personnel \_\_\_\_\_

\_\_\_\_\_

For Female

Has this person menstruated? \_\_\_\_\_ If not, has she been told about it? \_\_\_\_\_

If so, is her menstrual history normal? \_\_\_\_\_ Special Consideration \_\_\_\_\_

**Important -- This Box Must be Completed for Attendance**

This health history is correct so far as I know, and the person herein described has permission to engage in all camp activities except as noted. Authorization for Treatment: I hereby give permission to the medical personnel selected by the camp director to order X-rays, routine tests, treatment, to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of parent or guardian or adult camper/staffer \_\_\_\_\_ Date \_\_\_\_\_

I also understand and agree to abide with the restrictions placed on my camp activities.

Signature of minor or adult camper/staffer \_\_\_\_\_ Date \_\_\_\_\_

If for religious reasons you cannot sign this, then the camp should be contacted for a legal waiver, which must be signed for attendance.

Name: \_\_\_\_\_ Date Examined: \_\_\_\_\_ Camp: \_\_\_\_\_ Year: \_\_\_\_\_

**Immunization History**

Required immunizations must be determined locally. Please record the date (month and year) of basic immunizations and most recent booster doses.

Vaccines	Year of Basic Immunization	Yew of Last Booster
Diphtheria } Pertussis (Whooping Cough) } DPT* Tetanus } or	1 2 3	1 2
Tetanus } TD* Diphtheria } or		
Tetanus		
Oral Polio (Sabin)* TOPV		
Injectable Polio (Salk)		
Measles (hard measles, red measles, rubeola)		
Mumps		
Rubella (German measles, 3-day measles)		
Other		
Tuberculin test given _____ (most recent)		
Haemophilus influenza b (HIB)		
Hepatitis B		

**Health Care Recommendations by Licensed Physician**

I have examined the above camp applicant. Date Examined \_\_\_\_\_

In my opinion, the above's condition,  does  does not preclude his/her participation in an active camp program.

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

The applicant is under the care, of a physician for the following condition(s):

\_\_\_\_\_  
\_\_\_\_\_

Current treatment (include current medications) \_\_\_\_\_

Explanation of any reported loss of consciousness, convulsion, or concussion \_\_\_\_\_

Does applicant have epilepsy?  Yes  No

Does applicant have diabetes?  Yes  No

**Recommendations and Restrictions While at Camp**

Any treatment to be continued at camp \_\_\_\_\_

Any medication to be administered at camp (specific dosages) \_\_\_\_\_

Any medically - prescribed meal plan or dietary restrictions \_\_\_\_\_

Any allergies (food, drugs, plants, insects, etc.) \_\_\_\_\_

Activities to be encouraged or limited \_\_\_\_\_

Additional health information \_\_\_\_\_

Licensed Physician's Signature \_\_\_\_\_

Address \_\_\_\_\_  
*Street & Number City State ZIP Area/Number*

Date of Form Completion \_\_\_\_\_ \*By \_\_\_\_\_

*\*Initial if completed by nurse or physician's assistant*

Emergency Medical Services  
 Authorization for Medical Treatment of Minors

Name of Minor	Birth Date	Identify Allergies or Special Conditions

I/We, being the parent(s) or legal guardian(s) of the above named minor(s), do hereby appoint:

<b>Name:</b> Plast Camp Representative	<b>Address:</b> 2301 School St. North Collins, NY 14111	<b>Phone:</b> (716) 337-3361
<b>Name:</b>	<b>Address:</b>	<b>Phone:</b>

To act in my/our behalf in authorizing unexpected medical, dental, surgical care and hospitalization for the above named minor(s) during the period of my/our absence, from (dates):  
 \_\_\_\_\_ to \_\_\_\_\_.

**Signature of Authorized Person:** \_\_\_\_\_.

This document shall be presented to a physician, dentist, or appropriate hospital representative at such time as unexpected medical, dental, surgical care or hospitalization may be required.

<b>Parent/Guardian Signature</b>	<b>Parent/Guardian Signature</b>
Address	Address
Date	Date

<b>Witness Signature</b>	<b>Witness Signature</b>
Date	Date

**Hospitalization / Insurance coverage for above named minor(s):**

Insurance Company or Government Program	ID or Contract Number
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**Family Physician(s)**

Name and Phone Number	Name and Phone Number
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Fill out the above form carefully having your signature witnessed by someone other than the person you are designating to be responsible.

Plast Camp – “Novyi Sokil”  
2301 School Street  
North Collins, NY 14111

**OVER THE COUNTER MEDICATION RELEASE**

Individualized orders for (camper’s name): \_\_\_\_\_  
Date of birth: \_\_\_\_\_

I grant the Plast Camp “Novyi Sokil” medical staff (EMT) permission to decide if (camper’s name) \_\_\_\_\_ needs to be treated with over the counter drugs such as Advil, aspirin, etc. The over the counter drugs which have been provided for the camper include (please list all drugs provided for the camper):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The child stated above is not to be given the following due to allergic reactions or restrictions (please list all that apply):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This release is only for over the counter medications. All prescription medications are documented on the camper’s medical form.

Signature of Camper’s Parent: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Camper’s Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Physician: \_\_\_\_\_

Physician’s Address: \_\_\_\_\_

**THIS FORM IS REQUIRED BY THE ERIE COUNTY NEW YORK HEALTH DEPARTMENT IN ORDER TO RECEIVE MEDICATION. If this form is not filled out and signed by a physician and the camper’s parent, no medication will be dispensed to the camper named above.**

Plast Camp “Novyi Sokil”  
2301 School Street  
North Collins, NY 14111

## **OVERNIGHT CHILDREN’S CAMP PARENT LETTER**

Dear Parent:

We are writing to inform you about meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningococcal meningitis. New York State Public Health Law (NYS PHL) §2167 and Subpart 7-2 of the State Sanitary Code requires overnight children’s camps to distribute information about meningococcal disease and vaccination to all campers who attend camp for 7 or more consecutive nights.

Meningococcal disease is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. Meningococcal disease can cause serious illness such as infection of the lining of the brain and spinal column (meningitis) or blood infections (sepsis). The disease strikes quickly and can lead to severe and permanent disabilities, such as hearing loss, brain damage, seizures, and limb amputation, in as many as one in five of those infected. Ten to 15 percent of those who get meningococcal disease will die.

Meningococcal disease can be easily spread from person-to-person by coughing, sharing beverages or eating utensils, kissing, or spending time in close contact with someone who is sick or who carries the bacteria. People can spread the bacteria that cause meningococcal disease even before they know they are sick.

Anyone can get meningococcal disease, but certain people are at increased risk including teens and young adults 16 – 23 years old and those with certain medical conditions that affect the immune system.

**The single best way to prevent meningococcal disease is to be vaccinated.** The meningococcal ACWY (MenACWY) vaccine protects against four major strains of bacteria which cause meningococcal disease in the United States. The Centers for Disease Control and Prevention (CDC) recommends a single dose of MenACWY vaccine at age 11 through 12 years with a booster dose given at age 16 years. Children are not routinely recommended to receive MenACWY vaccine prior to the recommended ages, unless they have certain underlying medical conditions which increase their risk of disease. The meningococcal B (MenB) vaccine protects against a fifth strain of meningococcal bacteria which causes meningococcal disease. Young

adults aged 16 through 23 years may be vaccinated with MenB vaccine and should discuss the MenB vaccine with a healthcare provider.

We encourage you to carefully review the attached Meningococcal Disease Fact Sheet. It is also available on the New York State Department of Health website at: <http://www.health.ny.gov/publications/2168.pdf>.

Information about the availability and cost of meningococcal vaccine can be obtained from your healthcare provider or your local health department.

Plast Camp “Novyi Sokil” is required to maintain a record for each camper, signed by the camper’s parent or guardian, which documents the following:

- Receipt and review of meningococcal disease and vaccine information; AND EITHER
- Certification that the camper has been immunized against meningococcal meningitis within the past 10 years; OR
- An understanding of meningococcal disease risks and benefits of vaccination at the recommended ages and the decision not to obtain immunization against meningococcal meningitis at this time.

**Please complete the enclosed Meningococcal Meningitis Vaccination Response Form and return it with your camp registration forms.**

To learn more about meningococcal meningitis and the vaccine, please feel free to contact and/or consult your child's physician. You can also find information about the disease at the website of the Centers for Disease Control and Prevention: [www.cdc.gov/vaccines/vpd-vac/mening/default.htm](http://www.cdc.gov/vaccines/vpd-vac/mening/default.htm).

Sincerely,

PLAST – Ukrainian Scouting Organization  
Plast Camp “Novyi Sokil”

Plast Camp "Novyi Sokil"  
2301 School Street  
North Collins, NY 14111

## MENINGOCOCCAL MENINGITIS VACCINATION RESPONSE FORM

New York State Public Health Law requires that a parent or guardian of campers who attend an overnight children's camp for seven (7) or more consecutive nights, complete and return the following form to the camp.

The Centers for Disease Control and Prevention recommends two doses of MenACWY vaccine (Brand names: Menactra, Menveo) for all healthy adolescents 11 through 18 years of age: the first dose is given at 11 or 12 years of age, with a booster dose at 16 years of age. Children and adolescents with certain medical conditions may need to begin the MenACWY series at a younger age and/or receive additional doses. Consult with your child's healthcare provider regarding any medical conditions they may have.

If the first dose is given between 13 and 15 years of age, the booster should be given between 16 and 18 years of age. If the first dose is given after the 16<sup>th</sup> birthday, a booster is not needed.

Young adults aged 16 through 23 years may choose to receive the Meningococcal B vaccine series (Brand names: Trumenba, Bexsero). Parents/guardians should discuss the Meningococcal B vaccine with a healthcare provider.

### Check one box and sign below.

- I have received and reviewed the information regarding meningococcal meningitis. My child has received meningococcal immunization (Menactra or Menveo) within the past 10 years.

Date received: \_\_\_\_\_

### OR

I have received and reviewed the information regarding meningococcal meningitis. I understand the risks of meningococcal meningitis and the benefits of immunization at the recommended ages.

- I have decided that **my child**, who is **younger than 11 years of age**, will **not** obtain immunization against meningococcal disease at this time; or
- I have decided that **my child**, who is **11 years of age or older**, will **not** obtain immunization against meningococcal disease at this time.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent / Guardian)

Camper's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Parent/Guardian's E-mail Address (optional): \_\_\_\_\_

Будь ласка, долучіть копії переду і заду вашої  
страхової та рецептної картки.

Please attach copies of the front and back of your insurance  
and prescription card.

